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The mission of the disAbility Resource Center (dRC) is to empower persons with disabilities to become and maintain their independence in their communities.

Information and Referral
Advises individuals and families on where to go and how to get needed services, resources and information at all levels...locally, state and national resources.

Housing and Moving back into the community
Our goal is to assist all our consumers to remain independent and live the best life they can by connecting them to affordable and accessible housing.

Youth Transition Services
We assist youth with disabilities in the transition from high school to adulthood and empower them to live more independently through advocacy.

Peer Support
Peer Support Staff serve as role models, as only someone with personal experience with disabilities can do. Call us about our Next Chapter Book Club and social groups!

Independent Living Skills
We offer a range of information, resources, classes, and individual guidance to improve or enhance important daily life activities.

Contact dRC if changes are needed or if there is a resource you feel would benefit our community. We do no promote or endorse any of the services within this resource guide. We participate on committees and attend meetings with many of the organizations listed within this resource guide. We advise individuals and families on where to go and how to get needed services, resources and information at all levels...locally, state and national resource.

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Domestic Violence Resources:

BIP, DV Offender Program  
4701 Wrightsville Ave, Suite F1  
Wilmington, NC 28403  
Phone: 910-395-7838

Domestic Violence & People with Disabilities  
NC Office Disability Health  
Phone: 1-800-799-7233  
TTY: 1-800-787-3224  
Website: https://www.thehotline.org/

The Open Gate Domestic Violence Shelter & Services,  
2901 Market Street  
Wilmington, NC 28403  
Phone: 910-343-0703  
Website: https://www.domesticviolence-wilm.org

Family Promise of the Lower Cape Fear  
The Harrelson Center  
20 N. 4th Street, Suite 440  
Wilmington, NC 28401  
Phone: 910-769-4730  
Website: http://familypromiseclcf.org/

Assault and Abuse Resources:

A Safe Place  
Outreach Center  
921 Princess Street, Suite 100  
Wilmington, NC 28401  
Phone: 855-723-7529  
Website: https://www.asafeplacelogo.com/

Department of Social Services  
1650 Greenfield Street  
Wilmington, NC 28402  
Phone: 910-798-3400  
Website: https://socialservices.nhcgov.com/abuse/

Rape Crisis Center of Coastal Horizons Center, Inc.  
Phone: 910-392-7460  
Website: https://www.supportrcc.org

Long-Term Care Ombudsman Program  
Website: https://www.ncdhrs.gov/assistance/adult-services/long-term-care-ombudsman

ADA Title I: Employment  
(800) 669-4000 (voice)  
(800) 669-6820 (TTY)  
Website: https://www.eeoc.gov/

ADA Title II: Public Transportation  
Office of Civil Rights  
Federal Transit Administration  
U.S. Department of Transportation  
1200 New Jersey Avenue, Room E54-427  
Room 9102  
Washington, D.C. 20590  
Website: https://www.transit.dot.gov/

Fair Housing Act  
Office of Compliance and Disability Rights Division  
Office of Fair Housing and Equal Opportunity  
U.S. Department of Housing and Urban Development  
451 7th Street, S.W., Room 5242  
Washington, D.C. 20410  
Phone: (800) 669-9777 (voice)  
(800) 927-9275 (TTY)  
Website: https://www.hud.gov/

If you have an ADA concern contact the disAbility Resource Center to speak with an advocate through our website or phone number.
Adult Day Services

A Caring Heart Independence Center
2541 S. 17th Street
Wilmington, NC 28401
Phone: 910-332-3513
Website: https://www.acaringheartinc.com/

Martha's Adult Care
925 South Kerr Ave, Suite C-1
Wilmington, NC 28403
Phone: 910-233-2446
Website: www.marthasadultcare.com

Physicians Alliance for Mental Health
3208 Oleander Drive
Wilmington, NC 28403
Phone: 910-794-3929
Website: www.pamentalhealth.com

RHA Health Services
3255 Burnt Mill Drive
Wilmington, NC 28403
Phone: 910-261-6616
Website: https://rhahealthservices.org/

Advocacy Services

disAbility Resource Center
5041 New Centre Dr, Suite 210
Wilmington, NC 28403
Phone: 910-815-6618
Email: info@drc-cil.org
Website: https://www.drc-cil.org/

Disability Rights of NC
2626 Glenwood Ave, Suite 550
Raleigh, NC 27608
Phone: 919-856-2195
Toll Free: 1-877-235-4210
TTY: 1-888-268-5535
website: www.disabilityrightnc.org

Exceptional Children's Assistance Center
Southeast Office
Phone: 910-782-2094
Toll Free: 800-782-2094
Website: https://www.ecac-parentcenter.org/

Legal Aid of North Carolina
201 North Front Street, Suite 1002
Wilmington, NC 28402
Phone: 910-763-6207
Website: http://www.legalaidnc.org/

Cape Fear Disability Commission
Contact the dRC office for meeting dates

NC Client Assistance Program-NC CAP
2806 Mail Service Center
Raleigh, NC 27699
Toll Free: 1-800-215-7227
Email: NCCAP@dhhso.nc.us
Website: https://www.ncdhhs.gov/divisions/dvrs/client-assistance-program
Advocacy for clients of Vocational Rehab, IL, DHOH, DSB and CIL
Aging in Place
Website: https://www.aginginplace.org/

Area Agency of Aging (AAA)
1480 Harbour Drive
Wilmington, NC 28401
Phone: 910-395-4553
Website: https://capefearcog.org/area-agency-on-aging/

AARP of NC
1511 Sunday Drive, Suite 312
Raleigh, NC 27607
Toll Free: 1-877-389-5650
website: www.aarp.org/states/nc/

A Peace of Home
316 Columbus Ave
Carolina Beach, NC 28428
Phone: 910-465-8833
Website: http://www.apeaceofhome.org/

New Hanover County
Department of Aging-Home Delivered Meals
2222 South College Road
Wilmington, NC 28403
Phone: 910-798-9676
Website: https://src.nhcgov.com/meals-on-wheels-congregate-dining-and-home-delivered-meals/

New Hanover County Senior Center
2222 South College Road
Wilmington, NC 28403
Phone: 910-798-6400
Website: https://src.nhcgov.com/

Alzheimer’s Support Groups in New Hanover County
Contact Senior Center for Schedule at:
910-395-4553 ext 204
Contact Visiting Angels at:
910-777-5926
Contact Art Support Group at:
Jean Wall 910-798-6443

Dementia Alliance of North Carolina
9131 Anson Way, Suite 206
Raleigh, NC 27615

Family Caregiver Resource Specialist: Cape Fear Agency on Aging
1480 Harbour Drive
Wilmington, NC 28401
Phone: (910) 395-4553

Project Lifesaver
Project Lifesaver is a reliable rapid response partnership with law enforcement aiding individuals living with Alzheimer’s disease and related disorders such as Down’s Syndrome and Autism.
Contact New Hanover County
Phone: (910) 362-3939

New Hanover County Department of Aging-Home Delivered Meals
2222 South College Road
Wilmington, NC 28403
Phone: 910-798-9676
Website: https://src.nhcgov.com/meals-on-wheels-congregate-dining-and-home-delivered-meals/
Carolina Canines for Service, Inc.
221 Old Dairy Road
Wilmington, NC 28405
Phone: 910-362-8181
Toll Free: 866-910-8181
Website: https://www.caninesforservice.org/

Canine Assistants
3160 Francis Road
Milton, GA 30004
Phone: 770-664-7178
Toll Free: 800-771-7221
Website: https://www.canineassistants.org/

Paws 4 People
1121 C-324 Military Cutoff Road
Wilmington, NC 28405
Phone: 910-632-0615
Website: www.paws4people.org

Compass Key Service Dog Training (Eastern NC Branch)
Phone: 484-643-8445
Website: https://www.ckdogs.com/eastern-nc

Assistive Technology
NC Assistive Technology Program
3340 Jackle Drive, Suite 201
Wilmington, NC 28403
Phone: 910-251-7078
Website: https://www.ncdhhs.gov/divisions/vocational-rehabilitation-services/north-carolina-assistive-technology-program

Assistive Technology Financing-Self Help Credit Union
Phone: 800-966-7353.
Website: https://www.self-help.org/personal-loans/other-loans/assistive-technology-loans

NC Assistive Technology and Exchange program
Website: http://www.ncexchange.org/

UNCW Watson school of Education assistive Technology Demonstration and Lending Site
Watson College of Education
University of North Carolina Wilmington (UNCW)
626 MacMillan Ave.
Wilmington, NC 28403
Phone: 910-962-2579
disAbility Resource Center
Blind/Visually Impaired Resources

EARRS-Radio Reading Program
Phone: 910-512-5047

Enhanced Vision
Website: https://www.enhancedvision.com/
low-vision-resources/north-carolina-low-vision-resources.html
Enhanced Vision sells low vision products and offers information.

Lions Club Camp Dogwood
PO Box 39
Sherrills Ford, NC 28673
Phone: (828) 478-2155
Website: https://nclionscampdogwood.org/

Lions Club-Wilmington
PO Box 984
Wilmington, NC 28402
Phone: 910-791-3015
https://e-clubhouse.org/sites/

Equal Eyes Vision Services
122 North Salem Street, Suite 201
Apex, NC 27502
Phone: 919-480-8800
Website: http://www.equaleyesvisionservices.com/

Brain Injury Association of North Carolina
6604 Six Forks Rd, Suite 104
Raleigh, NC 27615
Phone: 919-833-9634
Toll Free: 800-377-1464
Website: www.bianc.net
This website contains state and national resources for Brain Injuries.

Smart Start of New Hanover County
3534 South College Road, Suite F
Wilmington, NC 28412
Phone: 910-815-3731
Toll Free: 877-722-7857
Website: https://www.newhanoverkids.org/

North Carolina Division of Services for the Blind
Wilmington District Office:
3240 Burnt Mill, Suite 7
Wilmington, NC 28403
Phone: 910-251-5743
Toll-Free: 800-422-1884
Website: https://www.ncdhhs.gov/divisions/dsb

North Carolina Lions Foundation
Phone: 1-800-662-7401
Website: https://nclionsnc.org/

State Library of North Carolina
109 East Jones St, Raleigh, NC 27601
Phone: 919-814-6780
Website: https://statelibrary.ncdcr.gov/lbph

Wilmington Brain Injury Support Group
NHMRC
Website: https://www.nhrmc.org/events/intranet/support-groups-and-classes/brain-injury-support-group

This website contains state and national resources for Brain Injuries.
American Cancer Society Wilmington Chapter
Phone: 910-254-4870
Website: https://www.cancer.org/about-us/local/north-carolina.html

Cancer Support Group
Website: https://www.nhrmc.org/nhrmc-foundation/events/intranet/support-groups-and-classes/cancer-support-group

Going Beyond the Pink
Phone: (910) 667-2111
Website: www.goingbeyondthepink.org

Hope Abounds
Phone: (910) (910) 799-7178
Website: https://www.hopeabounds.org/

Little Pink Houses of Hope
Phone: (336) 213-4733
Website: https://www.littlepink.org/

Love is Bald
Website: http://loveisbald.org/

Lump to Laughter
Phone: (336) 213-4733
https://www.lumptolaughter.org/

The National Cancer Institute Hotline
Phone: 1-800-4-Cancer
Website: https://www.cancer.gov/contact

Pretty in Pink Foundation
Phone: 919-532-0532
Website: https://www.prettyinpinkfoundation.org/

Susan G. Komen Foundation
Helpline: 1-877-465-6636
Website: https://www.komen.org/

Wilmington Prostate Cancer Support, Us TOO
Website: https://www.nhrmc.org/events/intranet/support-groups-and-classes/us-too-prostate-cancer-support-group

Wilmington Health-Cancer Support Group
Website: https://www.wilmingtonhealth.com/patients/support-groups

Zimmer Cancer Center
2131 S. 17th Street
Wilmington, NC 28401
Phone: (910) 667-3000
Website: https://www.nhrmc.org/locations/nhrmc-zimmer-cancer-center

Caregiver Action Network
Phone: 855-227-3640
Website: https://caregiveraction.org

ElderCare Locator
Phone: 1-800-677-1116
Website: https://eldercare.acl.gov/Public/Index.aspx

National Alliance for Caregiving
Phone: 202-918-1013
Website: https://www.caregiving.org/

NC Lifespan Respite Voucher Program
Website: www.highcountryaging.org/services/lifespan-respite-project

Sharecare Network
Phone: 910-399-4815
Website: https://www.sharecarenetwork.org/
AT&T Discounted Internet
Website: att.com/access

Catholic Charities
20 North 4th Street, Suite 300
Wilmington, NC 28401
Phone: 910-251-8130
Website: https://www.catholiccharitiesraleigh.org/wilmington/

CFPUA Assist-Water Bill
1650 Greenfield Street
Wilmington, NC 28401
Phone: 910-798-3400
Website: https://socialservices.nhcgov.com/

Department of Social Services
1650 Greenfield Street
Wilmington, NC 28401
Phone: 910-798-3400
Website: https://socialservices.nhcgov.com/

Discounted Local Telephone Service
Website: https://www.ncdhhs.gov/divisions/social-services/other-programs/lifeline-and-link-programs

Help Hub
20 North 4th Street, Suite 100
Wilmington, NC
Phone: 910-769-5357

Low Income Energy Assistance
Website: https://www.ncdhhs.gov/assistance/low-income-services/low-income-energy-assistance

Salvation Army
223 South 3rd St.
Wilmington, NC
Phone: 910-762-2070
Website: https://www.salvationarmyusa.org/usn/

Sister Issac
412 Ann Street
Wilmington, NC 28401
Phone: 910-762-5491

Vigilant Hope
1626 Lake Branch Dr,
Wilmington, NC 28401
Website: http://vigilanthope.com/

American Red Cross
1102 S 16th St
Wilmington, NC 28401
Phone: (910) 762-2683

Carolina Dunes Behavioral Health
Phone: 910-371-2500
Website: https://www.carolinadunesbh.com/

Crisis Intervention Teams
*You can request a CIT police officer when calling 911 if you or someone you know is experiencing a mental health crisis
Website: http://crisissolutionsnc.org/cit/

Coastal Horizons
Open House Emergency Youth Shelter
Phone: 910-392-7408
Phone: 800-672-2903
Website: https://www.coastalhorizons.org/index.php

Coastal Horizons
Rape Crisis Center
Phone: 910-392-7408
Website: http://www.supportrcc.org/index.html

Integrated Family Services
Crisis Chat
Website: http://www.integratedfamilyservices.net/crisis-chat-service/

Integrated Family Services
Mobile Crisis Team (24/7)
Phone: 1-866-437-1821
Website: http://www.integratedfamilyservices.net/
LifeLine Pregnancy Center
Phone: 910-392-0001
Text: 910-408-9742
Website: https://www.lifelinewilmington.com/

National Suicide Prevention Lifeline
Phone: 1-800-273-8255
Website: https://suicidepreventionlifeline.org/

NC Start-RHA Health Services
Phone: (888) 962-3782
Website: https://rhahealthservices.org/nc-start/

New Hanover Regional Medical Center-Behavioral Health Hospital
Phone: (910) 667-7787
Website: https://www.nhrmc.org/locations/new-hanover-regional-medical-center-behavioral-health-hospital

RHA-Mobile Crisis
Website: https://rhahealthservices.org/service-descriptions/crisis-services-north-carolina/

Trillium
Phone: 877-685-2415
Website: https://www.trilliumhealthresources.org

Assistive Technology for the Deaf and Hard of Hearing
Website: https://www.ncdhhs.gov/assistance/hearing-loss/assistive-technology-for-the-deaf-and-hard-of-hearing

Accessibility Apps for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired Individuals
Website: https://www.ncdhhs.gov/assistance/hearing-loss/assistive-technology-for-the-deaf-and-hard-of-hearing

Beginnings
Phone: 800-541-4327 (V/TTY)
IN NC ONLY
Website: https://ncbegin.org/

CapTel-Captioned Telephone
Phone: 1 (800) 233-9130
Website: https://www.captel.com/states/north-carolina/

NC Division of Services for the Deaf & Hard of Hearing
3240 Burnt Mill Drive, Suite 5
Wilmington, NC 28403
Voice: 910-251-5702
Toll Free Voice: 800-205-9915
Video Phone: 910-777-5770
TTY: 910-251-5767
Toll Free TTY: 800-205-9916
Website: https://www.ncdhhs.gov/divisions/dsdhh

The Care Project
Website: http://www.thecareproject.com/
Cape Fear Community College
Dental Clinic
CFCC Health Sciences Building (L)
415 N. Second St.
Wilmington, NC 28401
Phone: (910) 362-7341
Website: http://www2.cfcc.edu/dentalclinic/

St. Mary’s Health Center
Medical/Dental
412 Ann St.
Wilmington, NC 28401
Phone: (910) 763-8163
Website: http://www.stmaryhealthcenter.org/

Med North
925 N. 4th Street
Wilmington, NC 28401
Phone: (910) 343-0270
Website: https://www.mednorth.org/service/dental-care-and-services-speciality-service-referrals/

Department of Social Services
Programs:
1. Low Income Energy Assistance Program (LIEAP)
Website: https://socialservices.nhcgov.com/services/programs/
2. Family Support Program
3. CFPUA Assist
Website: https://socialservices.nhcgov.com/services/programs/
4. Adult Services:
Adult Protective Services, Adult Care Home Monitoring, Adult Day Care Case Management, At-Risk Case Management, Guardianship, In Home Aide Services, Placement Services, and Special Assistance In-Home Program
5. Services for Children:
Child Care, Child Protective Services, Foster Care
Website: https://socialservices.nhcgov.com/services/children/
6. Services for Families:
Services Intake, Food and Nutrition Services, Medical Assistance, Work First, Employment Services
Website: https://socialservices.nhcgov.com/services/families/
6. Benefits
ePass, NC FAST
Website: https://socialservices.nhcgov.com/services/benefits/
6. Transportation
Medicaid Transportation, Work First Transportation
Website: https://socialservices.nhcgov.com/services/transportation/
American Diabetes Association
2418 Blue Ridge Rd, Suite 206
Raleigh, NC 27607
Phone: 919-743-5400
Toll Free: 1-800-Diabetes
Website: www.diabetes.org

Diabetes Education Program

Diabetes Prevention Program
Nir Family YMCA
2710 Market Street
Wilmington, NC 28403
Phone: 910-251-8196
Website: https://www.ymcasenc.org/programs/diabetes-prevention-program/

Diabetes Prevention Program
YMCA of Southeastern NC Administrative Offices
3408 Wilshire Blvd
Wilmington, NC 28403
Phone: 910-251-8196
Website: https://www.ymcasenc.org/programs/diabetes-prevention-program/

JDRF-Coastal Carolina Chapter
1015 Ashes Drive, Suite 101
Wilmington, NC 28405
Phone: 910-509-9899
Website: https://www.jdrf.org/coastalcarolina/

101 Mobility
5221 Oleander Drive
Wilmington, NC 28403
Phone: 910-726-3200
Website: https://101mobility.com/wilmington/

Advanced Homecare
Phone: 1-800-868-8822

Apria HealthCare, Inc.
Phone: 910-343-8930
Website: https://www.apria.com/

Coastal Carolina Respicare
2527 Delaney Ave, Unit A
Wilmington, NC 28403
Phone: 910-362-1414
Website: www.coastalcarolinarespicare.com

Discounted Medical Supplies
Website: http://www.discountmedicalsupplies.com/

Family Medical Supply
Phone: 910-762-7007
Website: https://www.familymedsupply.com/

Johnson Drug and Home Medical
8207 Market Street, Suite 1
Wilmington, NC 28411
Phone: 910-686-2988
Website: https://www.johnsondrugco.com/

King’s Pharmacy & Compounding Lab
2231 S. College Rd
Wilmington, NC 28403
Phone: 910-452-7098

NC Assistive Technology and Exchange program
Website: http://www.ncexchangept.org/

Seashore Discount Drug
Phone: 910-762-6278

Wilmington Medical Supply
Phone: 1-866-708-2730
Website: https://www.wmsuro.com/

Winter Park Discount Drug
Phone: 910-791-2346
Adult Transition Supports Providers:
ARC of NC: 910-792-9146
Autism Society: 1-800-442-2762
Cap Fear Vocational Services: 910-228-0093
EasterSeals UCP: 910-790-5921
School Secondary Transition Specialists: Contact your school liaison or teacher

Cape Fear Community College Student Disability Services
Union Station, Suite 218
Wilmington, NC 28401
Phone: 910-362-7800
Website: https://cfcc.edu/disability-support-services/

Cape Fear Literacy Council
1012 South 17th Street
Wilmington, NC 28401
Phone: 910-251-0911
Website: https://www.cfliteracy.org/

Children's Developmental Service Agencies (CDSAs)
3311 Burnt Mill Drive, Suite 100
Wilmington, NC 28403
Phone: 910-251-0911
Website: https://www.cfcc.edu/disability-support-services/

Easterseals UCP Child Development Center
500 Military Cutoff Rd.
Wilmington, NC 28405
Phone: 910-392-0080
Website: https://www.easterseals.com/

Exceptional Children Assistance Program (ECAC)
ECAC's Southeast Office
Phone: 1-800-782-2094
Phone: 910-520-6918
Website: https://www.ecac-parentcenter.org/

Family Support Network
Phone: 910-792-6133
Website: https://fsnnc.org/

JC Roe Center
2875 Worth Drive
Wilmington, NC 28412
Phone: 910-395-4472
Website: https://roe.nhcs.net/

Hill School of Wilmington
3333 J ackle Drive, Suite 140
Phone: 910-685-3794

New Hanover County Schools Advisory Council for Exceptional Students
Committee open to the Public
Website: https://www.nhcs.net/board-of-education/committees/

Public School Adminstration
6410 Carolina Beach Road
Wilmington, NC 28412
Phone: 910-254-4200
Website: https://www.nhcs.net/

STEPP Program
East Carolina University
1000 East Fifth Street
Greenville, NC 27858
Phone: 252-328-1101
Website: https://www.ecu.edu/cs-acad/stepp/

Transitions Foundation
Phone: 910-269-9294

UNC-Wilmington Student Disability Services
Phone: 910-962-7555
TTY: 800-735-2962
Website: https://uncw.edu/accessibility/

T-STEP-TEACCH School Transition to Employment and Postsecondary Education
Email: TSTEPInfo@med.unc.edu
Website: https://teacch.com/cil/t-step-teach-school-transition-to-employment-and-postsecondary-education/

Transition Program Young Adults (TPYA)
UNCW: 910-962-7304
Mosley: 910-251-6161
*Application required, may be a waitlist

dRC Youth Transition Services
5040 New Centre Drive, Suite 210
Wilmington, NC 28403
Phone: 910-815-6618
Website: www.drc-cil.org
Emergency Management

**Devices:**

**Hastens Health Systems**
6618 Winding Wood Ln
Wilmington, NC 28411
Phone: 1-800-582-3073
Website: [https://www.hastensystem.com/](https://www.hastensystem.com/)

**Medical Care Alert**
Toll Free: 1-855-497-9387
Website: [https://www.medicalcarealert.com/](https://www.medicalcarealert.com/)

**Life Alert**
Toll Free: 1-800-360-0329
Website: [http://www.lifealert.com/](http://www.lifealert.com/)

Emergency Registration

**Services:**

**Emergency Special Needs Registry-New Hanover County**
230 Government Center Drive Suite 115
Wilmington, NC 28403
Phone: 910-798-6900
Website: [https://emergency.nhcgov.com/preparedness/special-needs-registry/](https://emergency.nhcgov.com/preparedness/special-needs-registry/)

**Project Life Saver**
New Hanover County Sheriff's office
Phone: 910-798-4535
Website: [https://www.newhanoversheriff.com/forms-permits-resources/](https://www.newhanoversheriff.com/forms-permits-resources/)

**Yellow Dot Program**
New Hanover County Sheriff's office
Phone: 910-798-4535
Website: [https://www.newhanoversheriff.com/](https://www.newhanoversheriff.com/)

Employment

**Security Commission (DES)**
Phone: 888-737-0259
PO Box 25903 Raleigh, NC 27611
Website: [https://des.nc.gov/](https://des.nc.gov/)

**NCWorks Career Center**
1994 S 17th St Wilmington, NC 28401
Phone: 910-251-5777
Website: [https://www.ncworks.gov/](https://www.ncworks.gov/)

**NC Division of Vocational Rehabilitation**
3340 Jaeckle Dr, Suite 201
Wilmington, NC 28403
Phone: 910-251-5710
Website: [https://www.ncdhhs.gov/divisions/dvrs](https://www.ncdhhs.gov/divisions/dvrs)

**StepUp Wilmington**
20 N Front St Suite 430
Wilmington, NC 28401
Phone: 910-343-8469
Website: [https://stepupwilmington.org/](https://stepupwilmington.org/)

**United Ways Senior Aides Program**
5919 Oleander Dr. Suite 115
Wilmington, NC 28403
Phone: 798-3910
Website: [https://uwcfa.org/](https://uwcfa.org/)

**Employment and training for low-income seniors age 55 and over**
disAbility Resource Center
Employment-(Supported Employment)

Arc of North Carolina
5041 New Centre Drive, Suite 120
Wilmington, NC 28403
Phone: 910-792-9146
Fax: 910-791-0148
Website: www.arcnc.org

Cape Fear Vocational Services
1504 N. Kerr Ave
Wilmington, NC 28405
Phone: 910-228-0093
Website: https://www.capefeargh.org/service/vocational-services

Coastal Enterprises of Wilmington
1214 Kidder St
Wilmington, NC 28401
Phone: 910-763-3424
Website: www.coastalenterprisesinc.org/home

Easter Seals/UCP
4130 Oleander Dr Suite 100
Wilmington, NC 28403
Phone: 910-790-5921

disAbility Resource Center
Employment Discrimination

EEOC Raleigh Area Office
434 Fayetteville St, suite 700
Raleigh, NC 27601
Phone: 1-800-669-4000
Fax: 919-856-4151
TTY: 1-800-669-6820
Website: https://www.eeoc.gov/field/raleigh/

U.S. Equal Employment Opportunity Commission
**CONTACT THE EEOC if you believe your employer may have discriminated against you because of your color, sex, religion, national origin, age, or disability, or believe that you have been discriminated against because of opposing a prohibited practice or participating in an equal employment opportunity matter.**
**Epilepsy Resources**

**Epilepsy Association of NC**
1920 W. First St., #5541A
Winston Salem, NC 27104
Phone: 336-716-2320
Toll Free: 1-800-451-0694
Website: [www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

**Family Support Network**
Phone: 910-792-6133
Website: [https://fsnnc.org/](https://fsnnc.org/)

**Epilepsy Advocate**
Website: [https://www.epilepsyadvocate.com](https://www.epilepsyadvocate.com)

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**Financial Education**

**Credit Counseling:**
AMEZ Housing Community Development
619 Nixon Street
Wilmington, NC 28401
Phone: 910-815-3826

Self Help Credit Union
307 S. College Rd
Wilmington, NC 28403
Phone: 910-791-0140
Fax: 910-791-0426
Website: [www.self-help.org](http://www.self-help.org)

**Special Needs Trust:**
Special Needs Trust Attorneys
Joyce Edwards
Phone: 910-254-0599

Kincaid & Associates, LLC
Attorneys at Law
5215 Junction Circle #100
Wilmington, NC 28412
Phone: 866-435-5971
Fax: 910-399-7907
Website: [www.kincaidandassociates.com](http://www.kincaidandassociates.com)

Richard Poole Law Office
1213 Culbreth Dr.
Wilmington, NC 28405
Phone: (910) 509-7253

**Representative Payee:**
Benefits Management
219 N 2nd Street
Wilmington, NC 28401
Phone: 910-798-2855

Social Security-Representative Payee Program
Website: [https://www.ssa.gov/payee/](https://www.ssa.gov/payee/)
Special Needs Financial Planner:
Steve Krasnipol
Wealth Coach of North Carolina
1213 Culbreth Drive
Wilmington, NC 28405
Phone: 910-398-6405
Website: www.wealthcoachnc.com

LTCA Legacy Planning Services
631 The Cape Blvd.
Carolina Beach, NC 28412
Phone: 910-794-9160

Law Office of Richard Poole
1213 Culbreth Drive,
Wilmington, NC 28405
Phone: 910-509-7253

Apply for food stamps:
https://www.ncdhhs.gov/assistance/low-income-services/food-nutrition-services-food-stamps

Cape Fear Food Council
Website: https://www.capefearfoodcouncil.com/

Double Your SNAP Dollars at Wilmington Farmer’s Market
Wilmington Farmer’s Market
Website: https://thewilmingtonfarmersmarket.com/

Early Bread, Church of St. Peter the Fisherman
314 S. Carolina Ave.,
Phone: 910-763-6222

First Fruit Ministries
2750 Vance St.,
Wilmington, NC 28401
Phone: 910-794-9656

Good Shephard Soup Kitchen
811 Martin Street
Phone: 910-763-4424

Help Center of Federal Point
Phone: 910-458-2777

Immaculate Conception Church
Next to Grace United Methodist Church
6650 Carolina Beach Rd,
Wilmington, NC 28412

Inner City Ministries (outside)
14th & Greenfield
Phone: 910-686-5308

Jesus Ministries
6763 Market St., Wilmington, NC 28401
Phone: 910-791-7002

Meals on Wheels
Website: https://src.nhcgov.com/services/

Mother’s Hubbard Cupboard
315 Red Cross St
Wilmington, NC 28401
Phone: 910-762-2199

Salvation Army
820 N. 2nd St.,
Wilmington, NC 28401
Phone: 910-762-6611
disAbility Resource Center

Health & Medical Assistance Clinics

**Cape Fear Healthnet (Care for the Uninsured)**
1601 Doctors Circle
Wilmington, NC 28401
Phone: 910-399-2751
Fax: 910-399-2756
Website: [http://www.capefearhealthnet.org/](http://www.capefearhealthnet.org/)

**Christ Community Church**
4555 Fairview Drive
Wilmington, NC 28409
Phone: 910-444-1713
Website: [www.cccwnc.com](http://www.cccwnc.com)

**First Fruit Ministries**
2750 Vance St., Wilmington, NC 28401
Phone: 910-794-9656

**Med North**
925 North Fourth Street
Wilmington, NC 28401
Phone: 910-763-8163
Website: [https://www.mednorth.org/](https://www.mednorth.org/)

**New Hanover County Health Department**
2029 S. 17th St., Wilmington, NC 28401
Phone: 910-798-6500

**Saint Mary's Health Center**
412 Ann Street
Wilmington, NC 28401
Phone: 910-763-8163
Website: [https://www.stmaryhealthcenter.org/](https://www.stmaryhealthcenter.org/)

**Trinity Wellness Center**
1907 South 17th Street, Suite 1
Wilmington, NC 28403
Phone: 910-343-8424

**Med North**
925 North Fourth Street
Wilmington, NC 28401
Phone: 910-763-8163
Website: [https://www.mednorth.org/](https://www.mednorth.org/)

**New Hanover County Health Department**
2029 S. 17th St., Wilmington, NC 28401
Phone: 910-798-6500

**Saint Mary's Health Center**
412 Ann Street
Wilmington, NC 28401
Phone: 910-763-8163
Website: [https://www.stmaryhealthcenter.org/](https://www.stmaryhealthcenter.org/)

**Trinity Wellness Center**
1907 South 17th Street, Suite 1
Wilmington, NC 28403
Phone: 910-343-8424

**Acupuncture Alternative**
5725 Oleander Drive
Wilmington, NC 28403
Phone: 910-392-0870

**Cameron Clinic of Oriental Medicine**
1928 S 16th Street
Wilmington, NC 28401
Phone: 910-342-0999
Website: [http://www.camclinic.com/](http://www.camclinic.com/)

**Coastal Acupuncture Inc.**
108 N Kerr Avenue # D6
Wilmington, NC 28405
Phone: 910-350-2740

**Trinity Wellness Center**
1907 South 17th Street, Suite 1
Wilmington, NC 28403
Phone: 910-343-8424
### Home Health Agencies

<table>
<thead>
<tr>
<th>Agency</th>
<th>Address</th>
<th>Phone</th>
<th>Toll Free</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Assisted Care At Home</strong></td>
<td>3408 Wilshire Blvd., Suite 100</td>
<td>910-763-9933</td>
<td>1-800-495-9998</td>
<td><a href="https://assistedcare.net/">https://assistedcare.net/</a></td>
</tr>
<tr>
<td><strong>Bayada Home Health Care Inc.</strong></td>
<td>3205 Randall Parkway, Suite 207</td>
<td>910-397-7767</td>
<td></td>
<td><a href="https://www.bayada.com/">https://www.bayada.com/</a></td>
</tr>
<tr>
<td><strong>BrightStar Care</strong></td>
<td>2709 Market Street, Unit 201</td>
<td>910-599-9555</td>
<td></td>
<td><a href="https://www.brightstarcare.com/">https://www.brightstarcare.com/</a> wilmington-brunswick-county</td>
</tr>
<tr>
<td><strong>Comfort Keepers</strong></td>
<td>219 Racine Drive</td>
<td>910-342-9200</td>
<td></td>
<td><a href="https://www.comfortkeepers.com/offices/north-carolina/wilmington/">https://www.comfortkeepers.com/offices/north-carolina/wilmington/</a></td>
</tr>
<tr>
<td><strong>Home Instead Senior Care of Wilmington</strong></td>
<td>2505 South 17th St, Wilmington, NC 28401</td>
<td>910-342-0455</td>
<td></td>
<td><a href="https://www.homeinstead.com">https://www.homeinstead.com/</a>/386</td>
</tr>
<tr>
<td><strong>Maxim Healthcare Services-Wilmington Homecare</strong></td>
<td>2106 S 17th St., Wilmington, NC 28401</td>
<td>910-251-8990</td>
<td></td>
<td><a href="https://www.maximhealthcare.com/">https://www.maximhealthcare.com/</a></td>
</tr>
<tr>
<td><strong>WellCare Home Health</strong></td>
<td>6752 Parker Farm Drive, Suite 200</td>
<td>910-362-9405</td>
<td>1-877-399-3553</td>
<td><a href="https://www.wellcarehealth.com/">https://www.wellcarehealth.com/</a></td>
</tr>
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</table>

### Housing Information and Advocacy

<table>
<thead>
<tr>
<th>Agency</th>
<th>Address</th>
<th>Phone</th>
<th>Toll Free</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cape Fear Council of Governments</strong></td>
<td></td>
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<td></td>
<td><a href="https://capefarcog.org/continuum-of-care/initiatives/">https://capefarcog.org/continuum-of-care/initiatives/</a></td>
</tr>
<tr>
<td><strong>disAbility Resource Center</strong></td>
<td></td>
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<td></td>
<td><a href="https://www.drc-cil.org">https://www.drc-cil.org</a></td>
</tr>
<tr>
<td><strong>Legal Aid of North Carolina-Wilmington Office</strong></td>
<td>272 N Front St #220</td>
<td>910-815-6618</td>
<td></td>
<td><a href="https://www.drc-cil.org">https://www.drc-cil.org</a></td>
</tr>
<tr>
<td><strong>North Carolina Housing Coalition</strong></td>
<td>5800 Faringdon Plaza</td>
<td>910-341-7727</td>
<td></td>
<td><a href="https://www.wha.net">https://www.wha.net</a></td>
</tr>
<tr>
<td><strong>Wilmington Housing Authority</strong></td>
<td>1524 S 16th St., Wilmington, NC 28401</td>
<td>910-341-7740</td>
<td></td>
<td><a href="https://www.wha.net">https://www.wha.net</a></td>
</tr>
</tbody>
</table>
Cape Fear Regional Community Development Corporation
508 Compton Street P.O. Box 2765
Wilmington, NC 28401
Phone: 910-762-7555
Website: https://www.cfrcdc.org/

Cape Fear Habitat for Humanity
20 N 4th Street, Suite 200
Wilmington, NC 28401
Phone: 910-762-4744
Website: https://www.capefearhabitat.org/
Assistance to build and purchase homes for income-eligible participants

City of Wilmington, Community Development Division
305 Chestnut Street, 2nd Floor
Wilmington, NC 28401
Phone: 910-341-7836

Get That Deed
Brenda Dixon
Website: http://www.getthatdeed.com

United States Department of Agriculture, Office of Rural Development
440-C Caton Road, Lumberton, NC 28359
Phone: 910-739-3349
Website: https://www.rd.usda.gov/

Wilmington Housing Finance and Development
Phone: 910-762-5004
Website: http://whfdnc.org/

Cape Fear Regional Community Development Corporation, Urgent Repair Program
508 Compton St, P.O. Box 2765
Wilmington, NC 28401
Phone: 910-762-7555
Website: https://www.cfrcdc.org/

City of Wilmington, Community Development Division
Homeowner Rehabilitation Program
305 Chestnut St, 2nd Floor
Wilmington, NC 28401
Phone: 910-341-7836

Independent Living Rehabilitation Program, DVR
3340 Jaeckle Dr, Suite 210
Wilmington, NC 28403
Phone: 910-251-5810
Website: https://www.ncdhhs.gov/assistance/disability-services/independent-living-for-people-with-disabilities

WARM
Phone: 910-399-7563
Website: https://www.warmnc.org/

Welcome Home Angel
Phone: 910-251-5810
Website: https://welcomehomeangel.com/
<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Hanover County DSS</td>
<td>1650 Greenfield St, PO Drawer 1559, Wilmington, NC 28402</td>
<td>910-798-3400</td>
</tr>
<tr>
<td>Housing Repairs and Modifications</td>
<td>910-798-3627</td>
<td></td>
</tr>
<tr>
<td>Wilmington A.M.E Zion Housing Development Corporation</td>
<td>15 Castle Street, Wilmington, NC 28401</td>
<td>910-341-7717</td>
</tr>
<tr>
<td>Harry M. Solomon Towers</td>
<td>1402 Little John Circle, Wilmington, NC 28401</td>
<td>910-341-7720</td>
</tr>
<tr>
<td>Glover Plaza</td>
<td>4160 Lake Ave, Wilmington, NC 28403</td>
<td>910-794-3033</td>
</tr>
<tr>
<td>Lake Ridge Commons</td>
<td>1402 Hospital Plaza Drive, Wilmington, NC 28401</td>
<td>910-251-0067</td>
</tr>
<tr>
<td>Lake Shore Commons</td>
<td>1020 Rankin Street, Wilmington, NC 28401</td>
<td>910-763-0406</td>
</tr>
<tr>
<td>James Walker</td>
<td>619 Nixon Street, Wilmington, NC 28401</td>
<td>910-815-3826</td>
</tr>
<tr>
<td>1402 Hospital Plaza Drive</td>
<td>619 Nixon Street, Wilmington, NC 28401</td>
<td>910-815-3826</td>
</tr>
<tr>
<td>1020 Rankin Street, Wilmington, NC 28401</td>
<td>910-763-0406</td>
<td></td>
</tr>
</tbody>
</table>
Ahepa Apts.
109 North Kerr Ave.
Wilmington, NC 28405
Phone: 910-793-6555

Brightmore
Phone: (910) 350-1980
Website: https://www.brightmoreofwilmington.com/

Cape Fear Hotel Apartments
121 Chestnut St, Wilmington, NC 28401
Phone: 910-762-0487

Hillcrest
1402 Meares St, Wilmington, NC 28401
Phone: 910-341-7715

Hadden Hall Apts. #1
3610 Caswell St., Wilmington, NC 28403
Phone: 910-792-1210

Hadden Hall Apts. #2
3625 Caswell St., Wilmington, NC 28403
Phone: 910-792-1210

Plantation Village
Phone: (866) 825-3806
Website: https://www.plantationvillagerc.com/

Robert Taylor Senior Homes
1308 N 5th Ave
Wilmington, NC 28401
Phone: 910-762-1707

Disability Resource Center
Housing for Seniors

Disability Resource Center
Housing - Emergency Shelters and Resources

Domestic Violence Shelter and Services
Phone: (910) 343-0703
Website: https://www.domesticviolence-wilm.org/

First Fruit Ministries
2750 Vance St, Wilmington, NC 28412
Phone: (910) 794-9656
Website: http://rescuemissioncapefear.org/

Family Promise of Lower Cape Fear
411 N. 4th St., Wilmington, NC 28401
Phone: 910-769-4730
Website: http://familypromiselcf.org/

Good Shepherd
811 Martin St., Wilmington, NC 28401
Phone: 910-763-4424

Open House Youth Shelter
Coastal Horizons Center, Inc.
615 Shipyard Blvd
Wilmington, NC 28412
Phone: 910-392-7408
Emergency shelter for Ages: 8-17

Rescue Mission of Cape Fear
502 Castle St., Wilmington, NC 28401
Phone: 910-343-0366
Website: http://rescuemissioncapefear.org/

Salvation Army
820 North 2nd St., Wilmington, NC 28401
Phone: 910-762-6611
<table>
<thead>
<tr>
<th>disAbility Resource Center</th>
<th>Intellectual and Developmental Disability Resources</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Fruit Ministries:</strong> Wilmington Dream Center Transitional Housing 2750 Vance St., Wilmington, NC 28412 Phone: 910-612-9437 or 910-612-9438 Website: <a href="https://firstfruitministries.org/">https://firstfruitministries.org/</a></td>
<td></td>
</tr>
<tr>
<td><strong>Good Shephard Center- Fourth Quarter and Sgt. Eugene Ashley Transitional Living Programs</strong> 811 Martin St., Wilmington, NC 28401 Phone: 910-763-4424 Website: <a href="http://www.goodshepherdwilmington.org/">http://www.goodshepherdwilmington.org/</a> Transitional housing for individuals recovering from substance dependency</td>
<td></td>
</tr>
<tr>
<td><strong>Leading into New Communities (LINC)</strong> 222 Division Dr, Wilmington, NC 28401 Phone: 910-332-1132 Website: <a href="https://lincnc.org/">https://lincnc.org/</a> Transitional housing for former criminal offenders</td>
<td></td>
</tr>
<tr>
<td><strong>Kelly House Program</strong> Port Health Phone:252-830-7540 Website: <a href="https://www.porthealth.org/treatment/adult-services/alcohol-substance-use-treatment/kelly-house-program">https://www.porthealth.org/treatment/adult-services/alcohol-substance-use-treatment/kelly-house-program</a></td>
<td></td>
</tr>
<tr>
<td><strong>Salvation Army</strong> 223 S, 3rd St., Wilmington, NC 28401 Phone: 910-762-2070 Website: <a href="https://www.salvationarmyusa.org/">https://www.salvationarmyusa.org/</a> Transitional housing for people who were homeless</td>
<td></td>
</tr>
<tr>
<td><strong>Stepping Stone Manor</strong> Port Health Phone:252-830-7540 Website: <a href="https://www.porthealth.org/treatment/adult-services/alcohol-substance-use-treatment/stepping-stone-manor">https://www.porthealth.org/treatment/adult-services/alcohol-substance-use-treatment/stepping-stone-manor</a></td>
<td></td>
</tr>
<tr>
<td><strong>The ARC</strong> 5041 New Centre Drive #108 Wilmington, NC 28403 Phone: 910-763-7458 Website: <a href="https://www.arcnc.org/">https://www.arcnc.org/</a></td>
<td></td>
</tr>
<tr>
<td><strong>Bayada</strong> 3205 Randall Pkwy Suite 207 Wilmington, NC 28403 Phone: (910) 397-7767 Website: <a href="https://www.bayada.com/">https://www.bayada.com/</a></td>
<td></td>
</tr>
<tr>
<td><strong>A Caring Heart</strong> 2541 S 17th St Wilmington, NC 28401 Phone: 910-332-3513 Website: <a href="https://www.acaringheartinc.com/">https://www.acaringheartinc.com/</a></td>
<td></td>
</tr>
<tr>
<td><strong>Dungarvin (ACI)</strong> 1015 Ashes Dr # 107 Wilmington, NC 28405 Phone: 763-7458 Website: <a href="https://www.dungarvin.com/locations/aci-dungarvin-north-carolina/wilmington/">https://www.dungarvin.com/locations/aci-dungarvin-north-carolina/wilmington/</a></td>
<td></td>
</tr>
<tr>
<td><strong>Easterseals UCP</strong> Wilmington, NC 284013 Phone: 910-790-5921 Website: <a href="https://www.easterseals.com/">https://www.easterseals.com/</a></td>
<td></td>
</tr>
</tbody>
</table>
disAbility Resource Center
Intellectual and Developmental Disabilities Resources

HomeCare Management
5505 Business Dr # A
Wilmington, NC 28405
Phone: 910-796-6741
Website: https://homecaremgmt.org/

Lindley Habilitation Services
5040 New Centre Drive
Wilmington, NC 28403
Phone: 910-798-3828

Maxim Healthcare
2016 17th Street
Wilmington, NC 28401
Phone: 910-251-8990

NC Council on Developmental Disabilities
919-527-6500 (voice/tdd)
800-357-6916 (voice/tdd)
800-357-6916 (TTY)
Website: https://nccdd.org/

Oasis NC
3114 Randall Pkwy #4
Wilmington, NC 28403
Phone: 910-769-4586
Website: www.oasisnc.org

Special Olympics
302 Willard Street
Wilmington, NC 28401
Phone: 910-341-5876
Website: https://www.specialolympics.org/

Summer Camp Expo and Resource Fair for Individuals with disAbilities
Hosted annually by the Tri-County Collaborative
Website: http://www.nctricountysoc.org/

Tri-County Collaborative
Parent and Provider led meeting held monthly in collaboration with Trillium to learn about resources for youth in the New Hanover, Pender and Brunswick county.
Website: http://www.nctricountysoc.org/

Tri-Country Health Resources
Phone: (866) 998-2597
Website: https://www.trilliumhealthresources.org/

disAbility Resource Center
Kidney Disease Resources

Davita Dialysis
Phone: 1-800-424-6589
Website: https://www.davita.com/locations/nc/wilmington/2215-yaupon-dr--595

National Kidney Foundation
30 East 33rd Street
New York, NY 10016
Phone: 1-800-622-9010
Website: www.kidney.org

National Kidney Foundation of NC, Inc.
933 Louise Ave, Charlotte, NC 28204
Phone: 704-519-0020
Website: www.kidnync.org

NC Council on Developmental Disabilities
919-527-6500 (voice/tdd)
800-357-6916 (voice/tdd)
800-357-6916 (TTY)
Website: https://nccdd.org/

North Carolina Kidney Program
1922 Mail Service Center
Raleigh, NC 27699
This program provides financial support to residents of North Carolina who have End Stage Renal Disease. This support includes financial aid for dialysis, up to $300 per year for pharmaceutical support, and up to $500 for subsidy grant support services. The applicant must live in North Carolina, diagnosis of End Stage Renal Disease, meet financial eligibility, no insurance.

Southeastern Nephrology Associates
1302 Medical Center Drive
Wilmington, NC 28401
Phone: 910-343-9800

UNC Kidney Center
7024 Burnett-Womack CB #7155
Chapel Hill, NC 27599
Phone: 919-966-2561
Website: www.unckidneycenter.org

Trillium Health Resources
Phone: (866) 998-2597
Website: https://www.trilliumhealthresources.org/

Willie Stargell Foundation
Phone: (910) 509-7238
Human Growth and Training Associates
Phone: 910-791-5719

Integrated Family Services
1602 Physicians Drive, Unit 101
Wilmington, NC
Phone: 910-444-4191
Website: [www.integratedfamilyservices.net](http://www.integratedfamilyservices.net)

NAMI (National Alliance for Mental Illness)
24/7 Helpline: 1-877-685-2415
Text “NAMI” to 741741
Website: [https://namiwilmington.org/](https://namiwilmington.org/)
Go to NAMI website for information on their local support groups

NAMI on Campus: UNCW
601 S College Rd, Wilmington, NC 28403
Phone: (910) 962-3000

Lauren Carter, LCSW
4536 Technology Drive
Wilmington, NC 28405
Phone: 910-200-5242

Life Source Inc.
3205 Randall Pkwy #105
Wilmington, NC
Phone: 910-742-9243
Website: [https://www.lifesourceinc.org/](https://www.lifesourceinc.org/)

Ocean House Day Program
14 S. 16th St
Wilmington, NC 28401
Phone: 910-254-1727

Peer Recovery Resources
Phone: 910-769-7064
Website: [https://www.peerrecoveryresources.org/](https://www.peerrecoveryresources.org/)

Physician Alliance for Mental Illness
(PAMH)
3208 Oleander Drive
Wilmington, NC 28403
Phone: 910-794-3929

RHA Health Services
503 Covil Ave #102
Wilmington, NC
Phone: 910-332-5734
Website: [www.rhahealthservices.org](http://www.rhahealthservices.org)

Tri-County Collaborative
Parent and Provider led meeting held monthly in collaboration with Trillium to learn about resources for youth in the New Hanover, Pender and Brunswick county.
Website: [http://www.nctricountysoc.org/](http://www.nctricountysoc.org/)
disAbility Resource Center
Parkinson’s Disease Resources

National Parkinson Foundation, Inc.
1501 N.W. 9th Avenue/ Bob Hope Rd,
Miami, Florida 33136
Phone: 305-243-6666
Toll Free National: 1-800-327-4545
Fax: 305-243-6824
Website: https://www.parkinson.org/

Parkinson’s Association of the Carolinas (Aligned with Wilmington Lewy Body Support Group)
601 East Fifth Street, Suite 330
Charlotte, NC 28202
Phone: 704-248-3722
Toll Free: 1-866-903-7275
Fax: 704-375-7497
Website: https://www.parkinsonassociation.org/

Wilmington Support:
Senior Center
222 S. College Rd.
Wilmington, NC 28403
Phone: 910-798-6400

Main Contact Information
Wilmington City Parks: 910-798-7620
New Hanover County Parks: 910-798-7632

Ability Garden
6206 Oleander Dr.
Wilmington, NC 28403
Phone: 910-798-7660
Fax: 910-798-7678
Website: https://arboretum.nhcgov.com/gardens-programs/the-ability-garden/

Access of Wilmington
2021 Corporate Drive, Suite B
Wilmington, NC 28405
Phone: 910-508-6788
Website: https://www.accessilm.org/

Art from the Heart
Location Martin Luther King Community Center
Phone: 910-341-0053

Bowling Club
Cardinal Beach Bowl Lanes
7026 Market St., Wilmington, NC 28411
Phone: 910-799-7178
Thursday Afternoons

Cape Fear Enrichment Program
Website: https://capefearenrichmentprogram.org/

Cape Fear Disability Resource Exchange & Information File
Can be found on Facebook

Coastal Therapeutic Riding Program
Phone: 910-470-0490
Website: http://www.coastalriding.org/

Accessible Activities Statewide
Website: https://www.ncdcr.gov/resources/accessibility

Adaptive Surf Project: NC Chapter
Atlantic Beach, NC
Website: http://adaptivesurfprojectnc.com/

Art from the Heart
Location Martin Luther King Community Center
Phone: 910-341-0053

Bowlung Club
Cardinal Beach Bowl Lanes
7026 Market St., Wilmington, NC 28411
Phone: 910-799-7178
Thursday Afternoons

Cape Fear Enrichment Program
Website: https://capefearenrichmentprogram.org/

Cape Fear Disability Resource Exchange & Information File
Can be found on Facebook

Coastal Therapeutic Riding Program
Phone: 910-470-0490
Website: http://www.coastalriding.org/

dRC Next Chapter Book Club
Phone: 910-815-6618
Website: http://www.drc-cil.org
Easy Beach Access
Kure Beach- Beach Cruisers Wheelchairs
JA Medicott
Phone: 910-458-7586 or 910-251-7078
Wrightsville Beach- Beach Cruisers Wheelchairs
Phone: 910-256-7925

Gathering Place
Wesley Memorial United Methodist Church
Activity Center
1401 S. College Rd
Wilmington, NC 28403

Hearts and Hooves
Therapeutic Riding Program
NARHA Premier Accredited Center
1205 Northside Drive
Shelby, NC 28150
Phone: 704-487-9941
Website: [https://www.heartsnhooves.org/](https://www.heartsnhooves.org/)

Hugh MacRae Park
314 Pine Grove Drive
Wilmington, NC 28403
Website: [www.nhccpv.com](http://www.nhccpv.com)
*Inclusive playground

Life Rolls on: Surf Carolina Beach
*once a year
2 Carolina Beach Ave N
Carolina Beach, NC 28428

Miracle Field of Wilmington-ACCESS Wilmington
341 South College Road
Wilmington, NC 28403
Phone: 910-508-6788
Website: [https://www.accessilm.org/](https://www.accessilm.org/)

National Ability Center
Website: [https://discovernac.org/](https://discovernac.org/)

NHC Senior Center
Website: [https://src.nhcgov.com/calendar/](https://src.nhcgov.com/calendar/)

Oceans Cure
8935 Tilbury Dr.
Wilmington, NC 28411
Phone: 910-274-3565
Website: [https://ocean-cure.org/mission-1](https://ocean-cure.org/mission-1)

Olsen Park
5510 Olsen Park Ln
Wilmington, NC 28405
Phone: 910-343-3682
*Inclusive Playground

Project Soar
Phone: 910-508-6788
Website: [https://www.accessilm.org/](https://www.accessilm.org/)

Special Olympics
602 Willard Street
Wilmington, NC 28402
Phone: 910-341-5876
Website: [https://www.specialolympics.org/](https://www.specialolympics.org/)

TOPSoccer
Ogden Park Soccer Fields
6264 Gordon Rd.
Wilmington, NC 28411
Phone: 910-799-1936

UFO Club
BPO Elks Club Lodge #532
5102 Oleander Drive
Wilmington, NC 28403
3rd Wednesday of month from 11am-2pm

Wheelchair Basketball-Port City Spokesmen
Call dRC for details about basketball opportunities

Wilmington Ballet Company: Adaptive Dance
2250 Shipyard Blvd #12
Wilmington, NC 28403
Phone: 910-794-9590
Wilmington Family YMCA-Inclusion Program  
2710 Market St.  
Wilmington, NC 28403  
Phone: 910-251-9622  
Fax: 910-251-2509  
Website: www.wilmingtonfamilyymca.org

Wilmington Senior Softball Association  
Website: https://www.wilmingtonseniorssoftball.net/

Wrightsville Beach Park  
Inclusive Playground  
3 Bob Sawyer Dr  
Wrightsville Beach, NC 28480  
Phone: 910-256-7925  
Website: https://www.townofwrightsvillebeach.com/

Wilmington Family YWCA  
2815 South College Rd  
Wilmington, NC 28412  
Phone: 910-799-6820  
https://www.ywca-lowercapefear.org/

Prescription Assistance  
Programs Partnership for Prescription Assistance  
Phone: 1-888-477-2669

Rx Assist Prescription Assistance Program  
Website: https://www.rxassist.org/

Abbott Laboratories  
Abbott Patient Assistance Program  
Phone: 1-800-222-6885

Amylin Pharmaceuticals, Inc.  
Amylin Patient Assistance Program  
Phone: 1-800-330-7647

Astra Zeneva Pharmaceuticals, LP  
AstraZeneca Foundation Patient Assistance Program  
Website: https://www.astrazeneca-us.com/medicines/Affordability.html#pap

Aventis Pharmaceuticals Inc  
Sanofi-Aventis Patient Assistance Program  
Phone: 1-888-847-4877

Bayer Pharmaceuticals Corporation  
Bayer Patient Assistance Program  
Phone: 1-866-228-7723

Bristol-Myers Squibb Company  
Bristol-Myers Squibb Patient Assistance Foundation, Inc.  
Phone: 1-800-736-0003

Eli Lilly and Company  
Lilly Cares  
Phone: 1-800-545-5979
GlaxoSmithKline
Bridges to Access
Phone: 1-866-728-4368
Commitment to Access
Phone: 1-866-265-6491

Good RX
Website: https://www.goodrx.com/

Johnson & Johnson
Health Care Systems Patient Assistance Program
Phone: 1-800-652-6227

Merck Patient Assistance Program
Phone: 1-800-994-2111

Merck/Scherling-Plough Pharmaceuticals
Merck/Scherling-Plough Patient Assistance Program
Phone: 1-800-347-7503

Needy Meds
Website: https://www.needymeds.org/

Novartis Pharmaceuticals Corporation
Novartis Pharmaceuticals Corporation
Patient Assistance Program
Phone: 1-800-277-2254

Novo Nordisk Inc.
Novo Nordisk Diabetes Patient Assistance Program
Phone: 1-866-310-7549

Pfizer Inc.
Pfizer Helpful Answers
Phone: 1-800-706-2400
Pfizer Bridge Program (Endocrine Care)
Phone: 1-800-645-1280
Pfizer Pfizer Savings Program
Phone: 1-800-706-2400

Roche Laboratories Inc.
Roche Laboratories Patient Assistance Program
Phone: 1-877-757-6243

Sanofi-Aventis
Sanofi-Aventis Patient Assistance Program
Phone: 1-800-221-4025

Scherling-Plough Corporation
SP-Cares Patient Assistance Program
Phone: 1-800-656-9485

Scherling-Plough Corporation
SP-Cares Patient Assistance Program
Phone: 1-800-656-9485

Takeda Pharmaceuticals North America, Inc.
Takeda Patient Assistance Program
Phone: 1-800-830-9159 or 1-877-582-5332

Together Rx Access
A free savings program sponsored by Abbott, AstraZeneca, Bristol-Myers, Squibb, GlaxoSmithKline, members of Johnson & Johnson Family of Companies, Novartis, Pfizer, Sanofi-Aventis Group, Takeda and TAP Pharmaceutical Products Inc.
Phone: 1-800-444-4106
OT SOLUTIONS, INC
Oleander Oaks
5725 Oleander Drive F-3
Wilmington, NC
Phone: 910-313-2111
Website: http://www.otsolutionsinc.com/

Coastal Kids Therapy PLLC
503 Covil Ave. Unit 100
Wilmington, NC 28403
Phone: 910-792-6706

Self Care Therapy
6626 Gordon Rd. Suite H
Wilmington, NC 28411
Phone: 910-798-4051
Website: https://www.selfcaretherapy.com/

Coastline Therapy Group, LLC
3901 Wrightsville Ave.
Wilmington, NC 28403
Phone: 910-679-8385
Fax: 910-679-8387
Website: https://coastlinetherapygroup.com/

EmergeOrtho
2716 Ashton Drive
Wilmington, NC 28412
Phone: 910-763-8184
Website: https://www.orthowilmington.com/

Therapy Works of Wilmington
4114 Shipyard Blvd.
Wilmington, NC 28403
Phone: 910-343-8988

Emerg Ortho Group
2716 Ashton Drive
Wilmington, NC 28412
Phone: 910-763-8184

New Hanover Regional Hospital Rehab Center
2131 South 17th St
Wilmington, NC 28401
Phone: 910-343-7835
Website: https://www.nhrmc.org/

Oleander Rehab
5220 Oleander Drive
Wilmington, NC 28403
Phone: 910-452-8104

Physical Therapy Services of Wilmington
1776 South 17th St
Wilmington, NC 28401
Phone: (910) 763-6286
Website: http://www.ptservicesofwilmington.com/
disAbility Resource Center
Post Traumatic Stress Disorder Resources

HelpGuide
Website: https://www.helpguide.org/articles/ptsd-trauma/helping-someone-with-ptsd.html#support

National Alliance on Mental Illness (NAMI)
Website: https://www.nami.org/Learn-More/Mental-Health-Conditions/Posttraumatic-Stress-Disorder/Overview

Veterans Crisis Line
Phone: 1-800-273-8255
press 1

Wilmington Treatment Center
Phone: 877-915-2897
Website https://www.wilmingtonTreatment.com/

Prosthetic Services

Atlantic Prosthetic Services
Jeff Mcdonald
Toll Free: 1-800-424-0067

First Step Therapy, Inc.
3909 Oleander Dr # E
Wilmington, NC 28403
Phone: (910) 395-5627

Floyds Braces and Limbs
1880 S. 17th Street
Wilmington, NC 28401
Phone: 910-763-0821

Wilmington Orthotics and Prosthetics Inc.
3909 Oleander Dr, Suite E
Wilmington, NC 28403
Phone: 910-395-5775
Fax: 910-395-5773
Website http://www.wilmop.com/
Coastal Rehab Hospital New Hanover
2131 South 17th Street
Wilmington, NC 28401
Phone: 910-343-7835 or 910-815-7845

Oleander Rehabilitation Services
5220 Oleander Dr
Wilmington, NC 28401
Phone: 910-452-8104
Fax: 910-452-8666
Website: https://www.nhrmc.org/

N.C. Division of Vocational Rehabilitation & Independent Living Services
3340 Jaeckle Drive, Suite 210
Wilmington, NC 28403
Phone: 910-251-5710
Fax: 910-251-2659
Website: https://www.ncdhhs.gov/divisions/dvrs

Coastal Kids Therapy
503 Covil Ave Unit 100
Wilmington, NC 28403
Phone: (910) 792-6706
Website: http://www.coastalkidstherapy.com/

TEACCH Center- Wilmington
1099 Medical Center Dr Suite 102,
Wilmington, NC 28401
Phone: (919) 445-0680
Website: https://teacch.com/
disAbility Resource Center
Social Security Disability Application Services

**disAbility Resource Center**  
5041 New Centre Drive  
Suite 210  
Wilmington, NC 28403  
Phone: 910-815-6618  
Website: [https://www.drc-cil.org/](https://www.drc-cil.org/)  
Advocacy only—no filing services

**LeBron and Associates**  
719 New Bridge St #1022,  
Jacksonville, NC 28541  
Phone: (910) 939-8000

**Kincaid & Associates**  
4837 Carolina Beach Road, Suite 207  
Wilmington, NC 28412  
Phone: 910-399-7907

**Law Offices of Kathleen Shannon Glancy, PA**  
114 South Front Street  
Wilmington, NC 28401  
Phone: 910-338-5501  
Fax: 910-763-2967

**Law Offices of James Gillespie**  
415 Chestnut Street  
Wilmington, NC 28401  
Phone: 910-763-5485  
Fax: 910-763-9118  
Website: [https://www.jbgillespie.com/](https://www.jbgillespie.com/)

**Triangle Coastal Disability Advocates- SOAR**  
4607 Franklin Street  
Wilmington, NC 28403  
Phone: 910-297-9131  
*For individuals facing homelessness only

**Wilmington Social Security Administration**  
1528 S 16th St  
Wilmington, NC 28401  
Phone: 800-772-1213 or 866-964-6227  
Website: [https://www.ssa.gov](https://www.ssa.gov)

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**disAbility Resource Center**  
Transportation Services

**DAV**  
Website: [https://www.dav.org/veterans/i-need-a-ride/](https://www.dav.org/veterans/i-need-a-ride/)

**Medicaid Transportation**  
Phone: 910-798-3400

**North Carolina Services for the Blind**  
Phone: 910-251-5743  
Vocational Rehabilitation  
Phone: 910-251-5710

**Wave Services**  
DART Information  
Phone: 910-202-2053  
Email: ptschedule@wavetransit.com  
Website: [www.wavetransit.com](http://www.wavetransit.com)

**Wave Transit Mobility Specialist**  
Phone: 910-202-2045  
Website: [www.wavetransit.com](http://www.wavetransit.com)
Duke Progress Energy
Utility Assistance Program 1-800-452-2777

Low Income Energy Assistance
New Hanover County Department of Social Services
Phone: 910-798-3472
*Applications accepted for a limited time period during Nov. for eligible households.

Cape Fear Public Utility Authority LLC
235 Government Center Dr.
Wilmington, NC 28403
Phone: 910-799-6064

Access & Mobility finance, Inc.
3732 Mt. Diablo Blvd, Suite 165
Lafayette, CA 95449
Phone: 1-800-576-5922
Fax: 925-283-5999

Bank of America - Access Loans
website: http://bankofamerica.com/loansandhomes/index.cfm?template=1&ml_access_loans&statecheck=NC

Modest Needs Foundation
150 W. 22nd St. 5th Floor
New York, NY 10011
Website: www.modestneeds.org
*Funds for emergency expenses max of $1,000 per request. No phone applications, apply on website, proof of need required

Southeast Disabled Dealer
Toll Free: 1-800-417-9697
Website: http://www.disableddealer.com/
*Online Magazine for Accessible vans, wheelchairs, scooters, home and more.

Van Products
Phone: 910-793-5661

Additional Vehicle Purchase/Modification Funding Resources:
https://disabilityinfo.org/fact-sheet-library/financial/financing-vehicle-modification/

https://newmobility.com/
http://ncil.org/
Disabled American Veterans: Wilmington Chapter 11
4601 Park Avenue
Wilmington, NC 28403
Phone: 910-612-9358
Phone: 910-313-2190
Website: https://www.dav.org/

Disabled American Veterans: Transportation Services
Phone: 910-763-3702
9am-12pm
Wilmington CH11 of Disabled American Veterans operates a free regular transportation to and from the VA Hospital in Fayetteville and Durham

Local County Service Officers District #4
One-stop service where veterans and their families can receive all the information they need. Whether the concern is about military benefits, veteran’s education, health services, job or other issues, RSVP can help

RSVP (Returning Support for Veterans Program)
NC DHS CARELINE: 800-662-7030 Toll Free
TDD/TTY: 877-452-2514

New Hanover County Veterans Service Office
3240 Burnt Mill Drive Suite 2
Wilmington, NC 28403
Phone: 910-251-5704
Website: https://www.milvets.nc.gov/vso/new-hanover-county-veterans-service-office

NC Veterans Council
Phone: 910-616-3487
Website: https://ncveteranscouncil.com/

Wilmington Chapter #0042 Ch.
Cmdr. Clifford Mattison
708 Chestnut Street
Wilmington NC 28401
Phone: (910) 264-6258
Email: redtigerc1@att.net

101 Mobility
5221 Oleander Drive
Wilmington, NC 28403
Phone: 910-726-3200
Website: https://101mobility.com/
wilmington/

AM Ramps of Eastern NC
Phone: 910-383-2560

Access Renovations
Phone: 910-791-0441

Bowie Builders
Phone: 910-228-6435

P&L Total Mobility
Phone: 910-762-1744

Vocational Rehab IL
Phone: 910-251-5810

WARM
Phone: 910-399-7563
Website: https://www.warmnc.org/
Amputees Sharing Knowledge
Website: https://www.nhrmc.org/physician-group/events/intranet/support-groups-and-classes/amputee-support-group

Muscular Dystrophy Association
Website: https://www.mda.org/disease

Hemophilia of NC
Website: https://www.hemophilia-nc.org/

National Hemophilia Foundation
Website: https://www.hemophilia.org

Lupus Foundation of America
Website: https://www.lupus.org/
Support Group: https://www.wilmingtonhealth.com/service/rheumatology/458/lupus-support-group

Muscular Dystrophy Association
Website: https://www.mda.org/disease

National Fibromyalgia and Chronic Pain Association
Website: https://fibroandpain.org/

National Multiple Sclerosis
Website: https://www.nationalmsociety.org/What-is-MS

Refer to the Cape Fear Area on Aging (www.capefearcog.org) for additional support groups.